

2021 and 2022

# ANNUAL REPORTS



**MATLA A BANA**  
a voice against child abuse

## MISSION

To minimise the secondary abuse children suffer when they report abuse against them, by addressing the unsympathetic reporting system in South Africa. With the main focus on victim support and training. To educate communities on what child abuse is, signs and symptoms and how to report it.

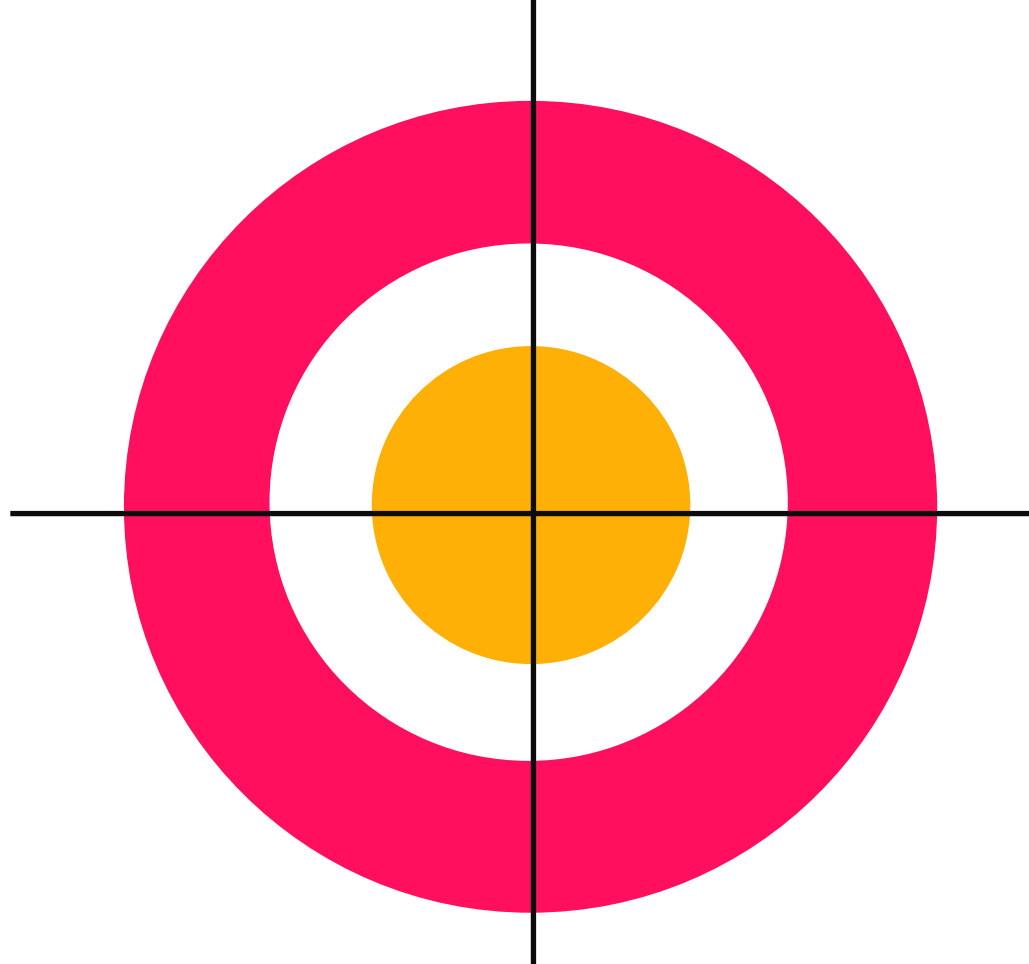
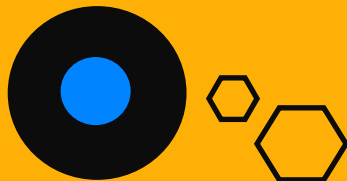
## INTRODUCTION

Matla A Bana was founded in August 2002 by ex-hostage, Monique Strydom. It is an award winning non-profit organisation responsible for implementing victim support projects in Mpumalanga, Kwazulu Natal, Gauteng, Western Cape, Eastern Cape, Northern Cape, Free State, Limpopo and the North West Province.

It is the only NGO working in this field with a official memorandum of understanding with the South African Police Service.



IMPACT **30 000+**  
**CHILDREN**  
per annum



**VISION** To give a voice to abused children



**MATLA A BANA**  
a voice against child abuse



# a time to be shaped...



# about being **Shaped**

How will we ever forget the last two years? Two years of truly being shaped - emotionally, mentally and for some even physically! A period of loss but also of tremendous gain. A time to refocus, to re-evaluate, to stop but also to serve. And that is what we did at Matla a Bana - we served with excellence!

As normally our 2020/21 year started off with a bang as our Xtreme for Kids Cycle Tour, combined with our School Education Project, visited rural areas across South Africa over a period of two weeks. Our cycling team excelled, and so did our actors and police who supported this project. Making it the most successful tour since its inception and reaching thousands of children in five provinces.

We were still busy catching our breath after the tour when the need for an unique immediate emergency response arose. Something we were not prepared for at all! Rumours of a lockdown reached our office, followed by an urgent requests from the officers of the law we work with to assist with personal protection equipment. We immediately responded by mobilising the community through social media and by the first day of lockdown our Western Cape office was distributing home made masks and decanting large bottles of sanitisers in empty 2lt cold drink bottles for police and prosecutors. This was made possible entirely by the great support of volunteers and members of the public who responded to our appeals. By the first month we had also supplied hundreds of food packs for child abuse victims across the Western Cape.

To us this did not only become a time where we were truly inspired by the goodness of people, but it also became a testimony to the fact that Matla A Bana has the capacity to identify needs on the ground as it arises and is able to respond immediately.

If was definitely not all plain sailing. Like for many others, the lockdown stretched our capacity to implement and roll out projects. We found it extremely frustrating as we did have the funding for projects and also knew that the need did not go away. We were however very grateful to for being able to obtain special permits to continue with some of our projects, as well as for partnerships that made this possible.

Our capability to immediately respond where needs were arising was continued when we supplied much needed hardware (external drives and disks) to two of SAPS Provincial FCS offices for the investigation of online sexual offences. During this period we also assisted many members of the public and schools with reporting of sexual abuse of children and ensuring that cases get the much needed attention.



## REST IN PEACE

Koos Myburgh - Pensioner Volunteer  
Monica Aggenbag - Pensioner Volunteer  
SAPS FCS members and prosecutors who lost their lives during the pandemic.



## monique strydom

“This year was about engaging reality to the best of my ability and by doing so, shaping more positive experiences for those whom I love and care about.”

*Founder, Trustee & Director*

# about being **Shaped** (continued)



**lizel van eeden**

“Two years of uncertainty - but with hope and the faith of a mustard seed anything is possible.”

*Project Manager*



**sandra nieuwenhuizen**

“Be kind to yourself, love yourself, take back your life and only then you can heal , be strong and be there for someone else who needs you.

*Social media & Administration*

Our **school project** unfortunately came to a grinding halt with the closure of the schools. We however understood the impact of this trauma on an already traumatised society and used the first two months of lockdown to upgrade our Survivor Guide. We reprinted and handed over 22 000 of these guides SAPS Family Violence, Child Protection and Sexual Offences units for distribution once the school lockdown was lifted. Various other organisations also received these guides.

We had to change the format of our **comfort packing** sessions in some of the provinces, working with smaller groups of volunteers or requesting volunteers to pack the packs themselves and to supply to us for distribution. Fortunately for us our church partners could use their special permits and food supply chains to assist us with bulk packing later in the 2020/21. We are proud to say that during the last two years we have been able to continuously supply packs to mainly all the provinces except Kwazulu Natal - and this was only due to a lack of funding for this province.

Matla a Bana has been implementing **child friendly reporting facilities** at police units, courts and hospitals for many years. During the last few years the need has arisen to upgrade some of these facilities. We used the last two years to upgrade five of these facilities in the Western Cape and Gauteng and also to implement a second full child friendly reporting facility in rural Northern Cape. Currently these facilities assist more than 20 000 victims every year.

During the last fifteen years Matla A Bana has invested millions in the **training** of officers of the law in essential skills needed to work with victims. The increased awareness of gender based violence and more funding in this area has made it possible to train just over four hundred officers during the last two years. Our three module course has been specifically developed throughout the years as we identified certain needs and is unique in the world due to the expertise of our trainers in the field of trauma - with all of them being survivors of traumatic events. This course focuses on a wide range of topics like negative resilience, stress management, perceptions and victim expectation. During the 2020/21 we were also able to train the first two groups of prosecutors based at sexual offences courts in the Western Cape, as well as extend our national footprint well into rural areas in the Eastern Cape, Limpopo, Northern Cape, North West Province and Mpumalanga.

One of the highlights of this reporting period was undoubtedly the recognition Matla A Bana received during December 2020 when Matla a Bana was announced at the winner of the NGO division of the **Old Mutual Partnership Awards** as well as the runner-up of the overall awards.

**During the last two years our projects have impacted thousands of child victims and those who serve them. We would not have been able to do it without the incredible support of so many individuals, companies, churches, groups, our trainers our officers of the law, our trustees and our small team of dedicated and committed staff. No words can express my gratitude—but know that we will never never give up! MONIQUE STRYDOM**

# from our trustees

Our Board of Trustees is a very special group of volunteers; each contributing an unique set of skills. They act as guardians for Matla A Bana and are there to guide, protect and maintain the core values and purposes of the organisation. Absa Trust has been appointed as the administrative trustee managing the bank accounts of Matla A Bana. We have asked our trustees to share with us the lessons learnt during 2020. Here is what they had to say:

“The pandemic has taught us to survive and that relationships are precious; not only with our loved ones, but also with ourselves” - **Ms Pretorius** (Award winning business owner).

“I became stronger at keeping fear at bay by becoming more cognitive and decisive” - **Ms Mostert** (Business owner, social worker, founder Casual Day and chairman Badisa West Coast).

“There are people in this world who pursue the betterment of human kind more passionately than others and those people need more energy from everybody else to sustain them” - **Prof Davis** (Lecturer University of Johannesburg and Communication specialist).

“Reset, readjust, restart, refocus... as many times as you need to” - **Ms Ehlers** (Executive coach).

“Even in the pandemic, old dogs can still be taught new tricks” - **Pastor Mazabane** (Ordained Baptist Minister, Council Member of The Gospel Coalition Africa and he is also a Research Fellow of the Olivet Institute for Global Strategic Studies).

“Through trials, tribulations and sadness find your focus that will give you direction towards control over yourself and stay the course” - **Advocate Srikison** (Family Advocate and journalist).

We would like to thank our trustees for their continuous support and encouragement during these challenging times. Our gratitude also to Absa Trust (Administrative Trustee) and Massyns & Associates.



**MS A PRETORIUS**



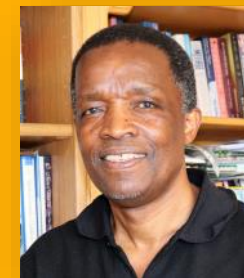
**MRS A MOSTERT**



**PROF C DAVIS**



**MS E EHLERS**



**PASTOR N MAZABANE**



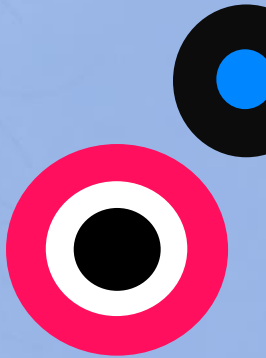
**ADV V SRIKISON**



**We can, because you believe in us!**

# PROJECTS

**1 March 2020 -  
28 February 2022**



# aWe school project

Research done by University of Johannesburg marketing students for Matla A Bana revealed that children are not reporting rape because society does not speak about it. The Awe School Education Show was developed in 2018 to educate school children on child protection and to give children and schools the opportunity to report. Awe School Program uses a character, Smiley, who shares with the children important child protection information, like creating safety responses. The program is aimed at primary school children and is presented in Afrikaans and English. Each child also received a Survivor Guide (self help trauma guide) and an AWE pin.

A national school tour was hosted from 26 February to 7 March 2020 in conjunction with our Xtreme For Kids Cycle Tour 2020. Seventeen schools were visited in five provinces reaching a total of 7400 children in two weeks. The following schools were visited:

## GAUTENG

- **Krugersdorp:** Krugersdorp Noord Laerskool (530 children Grades 4 - 7)

## NORTH WEST PROVINCE

- **Potchefstroom:** Mooirivier Laerskool (495 children Grades 3 - 6)

## FREE STATE

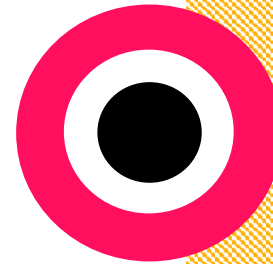
- **Vredefort:** Chris Van Niekerk Intermediate School (180 children Grade 3 - 7)
- **Kroonstad:** Kroon Primary School Grade (380 children Grades 3 - 6)
- **Welkom:** Bedelia Primary School (360 children Grades 3 - 7)
- **Bloemfontein:** Laerskool Bloemfontein (501 Children Grades 4 - 7)

## EASTERN CAPE

- **Nieu-Bethesda:** Lettie De Klerk Primary School (132 children Grades 4 - 7)
- **Graaff-Reinet:** Isibane Primary School (250 children Grades 4 - 6), Narsingstraat Primary School (630 children Grades 4 - 7)

## WESTERN CAPE

- **Montague Pass:** Franken Primary School (220 children Grades 3 - 6)
- **George:** Pacaltsdorp Primêre Skool (700 children Grades 2 - 7), New Dawn Primary School (420 children Grades 1 - 7), Ridgeview Primary School (230 children Grades 3 - 5)
- **Mosselbay:** Garden Route Primary School (782 children Grades 4 - 7)
- **Riversdal:** Panorama Primary School (500 children Grades 4 - 7)
- **Swellendam:** VRT PITT Primary School (590 children Grades 3 - 6)
- **Worcester:** Victoria Park Primary School (500 children Grades 4 - 7)



IMPACT  
**7500** CHILDREN

"This is the best show I have ever seen" Grade 4 pupil



# COVID19 response

## 2020

We were aware of a possible lockdown a few days before the official announcement. During this time we were contacted by various officers of the law who shared concerns about their safety and not having adequate protection.

Two days before lockdown a small team of Western Cape volunteers and staff were mobilised to make masks. These were the days when masks were foreign concepts and making them even more so. The team faced basic challenges like finding the right fabric and pattern to use and was eventually guided by an ER doctor in a shop who were making masks for their staff. Our team worked long hours and by the first day of lockdown we managed to make and supply **130 masks** to SAPS FCS detectives and state prosecutors in Cape Town.

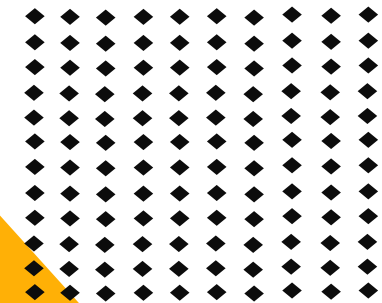
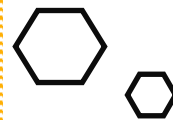
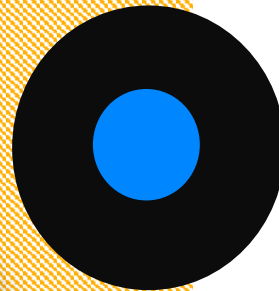
By the second week and after great support from companies and the public, we could donate **120 liters of sanitiser and gloves** to officers of the law in Cape Town.

During May and June another large donation of **700 bottles of sanitiser and 1200 masks** were received from various donors. These were added to our comfort packs packed during this period.

Another immediate response was to assist child abuse victims and their families by supplying **300 food** packs during the first two months of lockdown. This was made possible by individual donors and in partnership with Connect Network. This was distributed via the SAPS FCS units in the Western Cape and Northern Cape.

## 2021

Matla a Bana distributed **1000 bottles of sanitisers and 30 thermometers** to GT SAPS FCS units in December 2021. The donations were distributed to the Gauteng FCS units to use when assisting victims of abuse.



**IMPACT**  
**2200** CHILDREN

# child friendly facilities

# 2021

## CERES CHILD FRIENDLY FACILITY

In 2012 General Lamoer joined Matla a Bana for the opening of the first child friendly room in the Witzenberg region at Ceres police station. It was during this opening where he urged men to take a leading role in the protection of women and children as they were the main perpetrators. This unit was relocated to a dedicated office block in 2019 and a request was submitted to Matla A Bana to assist with implementing similar facilities at this unit. We started work on this facility in February 2020. Because of the generous support of various individuals we could upgrade not only the assessment room, but also the general waiting area as well as a dedicated waiting area for the victims (this area will also double up as an interview area for teenagers. We would like to thank all the volunteers, unit members (who also assisted with the décor and painting) as well as Anqelique Le Roux (Ceres Tourism) for all the support and hard work.

## KRAAIFONTEIN CHILD FRIENDLY FACILITY

2010 saw the opening of three child friendly facilities in the Western Cape - all based in high incidence areas. One of these facilities were at the Kraaifontein SAPS FCS unit where Matla A Bana negotiated the use of an outside garage. This garage was converted into two rooms (assessment and monitoring room) and audio visual equipment was installed. During 2019 there was a break-in at the facility and most of the audio visual equipment was stolen. The monitoring room was also being utilised as a store room due to the lack of office space at the unit. Funding was secured and in November 2020 Matla A Bana started with the upgrade of this unit. A door was added to connect the two rooms, security lights were added, old carpets were removed and floors were tiled. We also repainted the facility and replaced all the old furniture and wall assessment tools. New furniture was also bought for the reception area. Unfortunately, due to a lack of funding and the high risk of theft because of the location of this unit, it was decided to put the installation of the audio visual equipment on hold.

**IMPACT**  
**20000+**  
**CHILDREN**



# child friendly facilities

# 2022

## DE AAR CHILD FRIENDLY FACILITY

Matla A Bana received a request from the Provincial FCS Office in the Northern Cape to assist with implementing a child friendly reporting facility at the De Aar FCS Unit. Although this unit is situated in a house, two offices and a reception area was obtained at the police station to implement such a facility. The unit serve various police stations covering a wide rural area and have high incidences of child abuse. The unit also has a full time forensic social worker. Our Western Cape team, together with a mural artist from Cape Town, were supported by members of the community and FCS office and their families during a very fast three day implementation. An assessment room linked to a monitoring room (with audio-visual recording facilities) and a waiting area were implemented plus we also upgraded the victim support room at the police station. The official opening was hosted on 24 March and was attended by Mr Kammies (Old Mutual Northern Cape - main project sponsor), Brigadier Ramaru (Head of detectives Northern Cape and Colonel Erica Scheepers (Head Forensic Social Workers FCS Northern Cape).

## KRUGERSDORP FCS UPGRADE

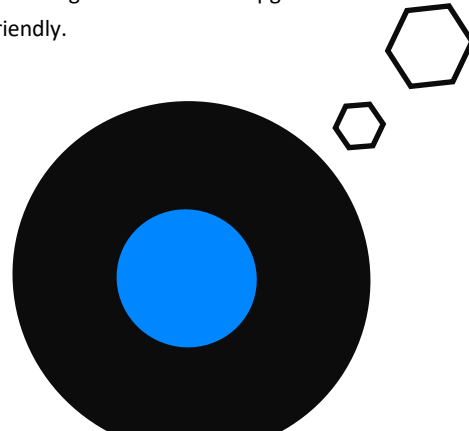
The child friendly facility is one of our first child facilities implemented in Gauteng. During May 2021, the team of Keller Williams assisted with the refurbishing of the reception areas, as well as the parade room.

## MUIZENBERG FCS

The child friendly room at Fish Hoek SAPS (hosting Muizenberg FCS) was one of the first child friendly rooms Matla a Bana implemented in the Western Cape eight. This facility was in urgent need for an upgrade - including repairs to a leaky roof and also to bring up to standard with the new Matla A Bana blue print. All repairs were done, facility was repainted, dry walling used to create a storage room and the facility was refurbished and redecorated to new standards. Project was completed in March 2021.

## BISHOP LAVIS CHILD FRIENDLY FACILITY

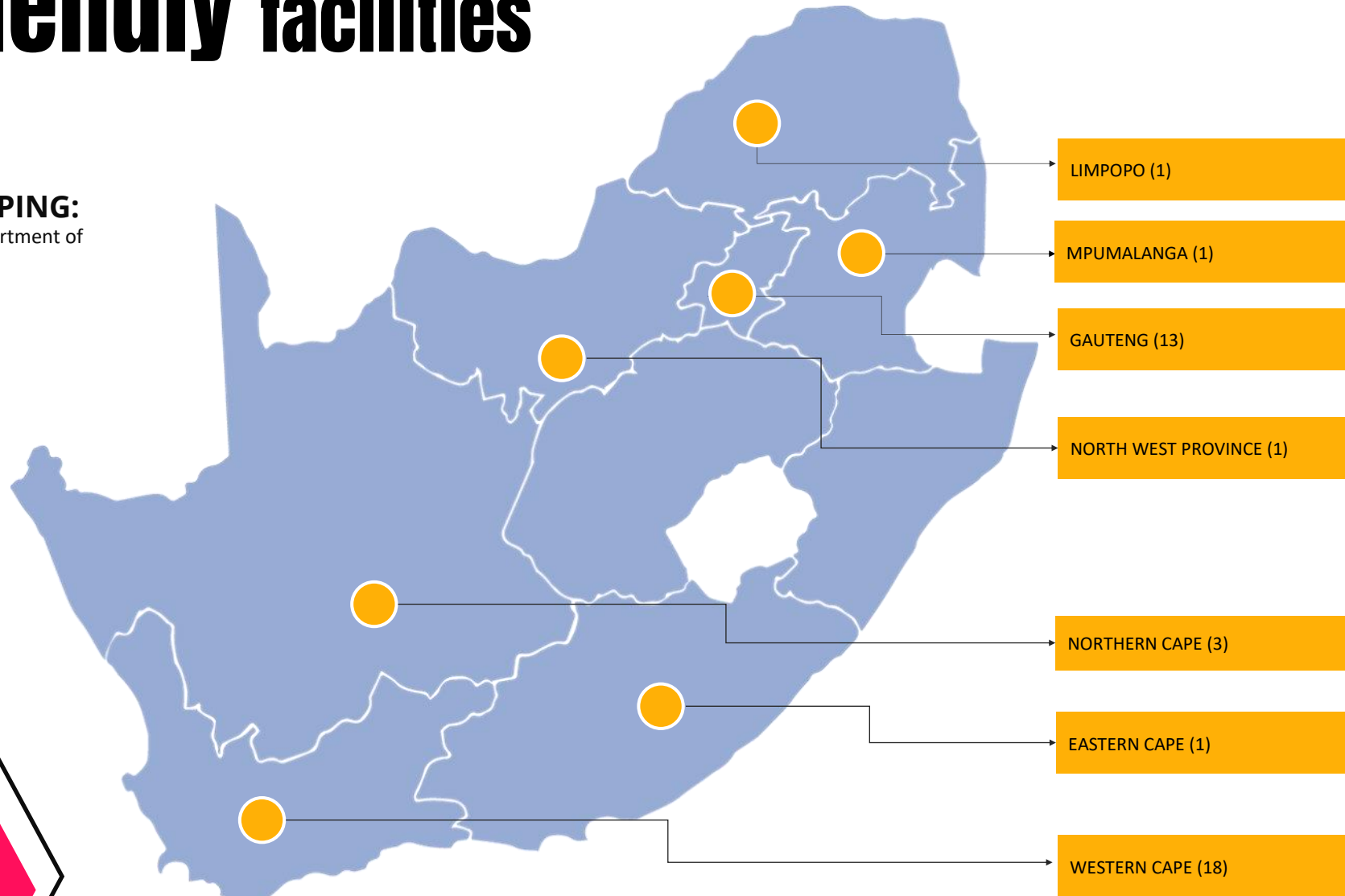
The child friendly room implemented at Bishop Lavis SAPS FCS in 2013 has been in line to be upgraded to a full reporting facility for many years. This was made possible in February 2021 with funding received from the Solidarity Fund. A monitoring room was added to the assessment room with audio visual recording facilities. Furniture in the rooms were upgraded and two waiting areas were also upgraded to be victim friendly.



# child friendly facilities

## SEE WHERE WE'RE HELPING:

Current facilities in use by SAPS, Department of Justice and hospitals.



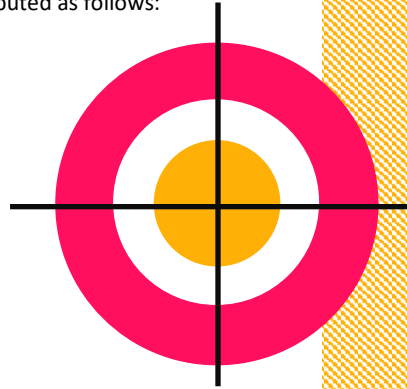
These are either full child friendly reporting facilities (with audio-visual recording facilities), container facility or child friendly rooms.

# gbv response

## SURVIVOR GUIDES

During our first Xtreme for Kids Cycle Tour in 2013, we became aware of the fact that children in rural areas have little or no access to therapy or counselling. Using a guideline supplied by VIVA Network International, we developed a basic therapy and self-help guide for children in the South African content. Our school project came to a halt because of the closure of schools in response to the pandemic. Reporting rates dropped because children were no longer attending schools where many of them would normally report abuse. We realised that many children would need additional support once schools opened again. We used the initial lockdown period to redesign the guide and added information relating to healthy living and basic hygiene as per the Covid 19 guidelines. Twenty two thousand of these guides were reprinted and we partnered with several role players to ensure that these guides were distributed in mainly high incidence rural areas. These guides were also added to our comfort packs. During 2021 and 2022 financial years the guides were distributed as follows:

- SAPS FCS Provincial Office Northern Cape - 5000
- SAPS FCS Provincial Office North West Province - 5000
- SAPS FCS Provincial Office Limpopo - 5000
- SAPS FCS Provincial Office Gauteng - 2000
- NPA Thuthuzela Centres Western Cape - 1400
- Connect Network 1000
- Kolisi Foundation - 500
- Friends of Child Protection 400
- Patch 1000 (Matla A Bana Awareness Project)

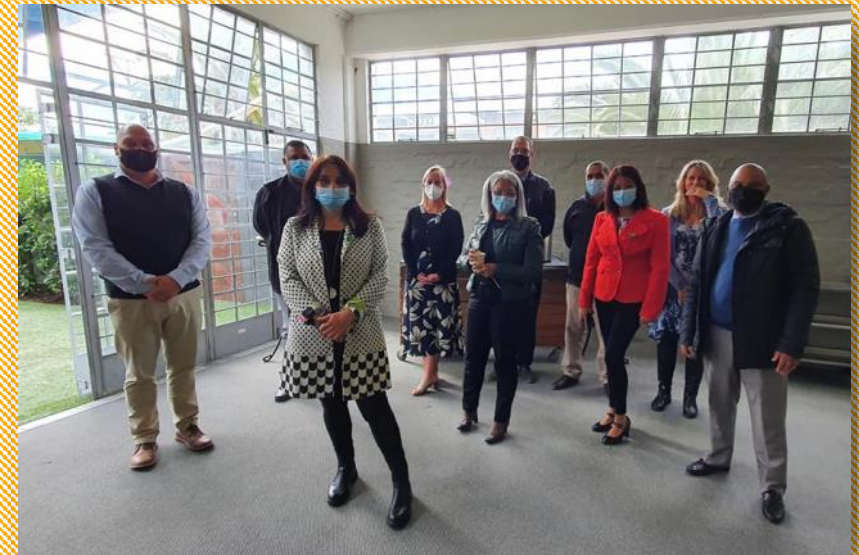


## EQUIPMENT DONATION

During the last two years Matla A Bana assisted the provincial offices of the SAPS FCS units in the Eastern Cape and Gauteng by donating external hard drives and memory sticks. This equipment will be used by the SECI unit (Serial and Electronics Crimes Investigation) for the collection and presentation of evidence in court cases relations to online child sexual abuse.

## CHILD PROTECTION NETWORKING


Matla A Bana partnered with Connect Network in May 2021 to host a network session for child protection organisations in the Western Cape. The aim of this session was to build relationships between the SAPS FCS units and community based organisations in order to ensure better responses to gender based violence. Matla a Bana has also been instrumental in the assistance of victims with regards to the reporting of cases in several provinces.




**STREET SMART FOR KIDS**

**FIGHT THE GERMS**

Germs can make your family and friends sick.  
**STOP THEM!**




When you **COUGH** or **SNEEZE** cover your mouth with a tissue. Immediately throw away the tissue.



Or cough and sneeze into your **ELBOWS** and not your hands.

**WASH YOUR HANDS** after coughing or sneezing with water or soap (sing "Happy birthday" twice).



Super Street smart tip:  
**WASH YOUR HANDS OFTEN**

19



IMPACT **20 000** CHILDREN

# comfort packs

Matla A Bana supplies emergency comfort packs to child abuse victims. These packs contain emergency and comfort goods and is handed to the child by the FCS officer assisting with the reporting of the case. We mainly supply packs for girls from 4 to 16 (although we do include a small number of boy packs). Due to the lack of funding and the huge demand, we cannot supply in the national the need. We however have been able to assist is most of the provinces in South Africa during these two years.

## 2020

### WESTERN CAPE

100 Northern Cape (March 2020)

280 Eastern Cape (July 2020)

30 Winelands (October 2020)

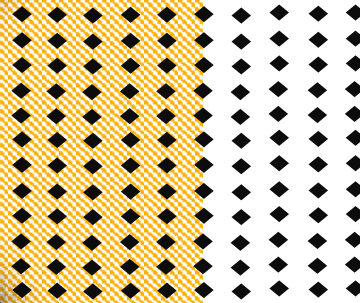
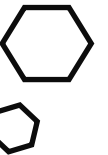
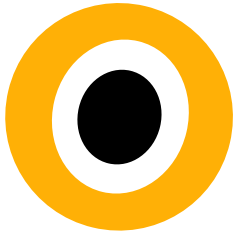
20 Cape Metro (Packs received from sponsors)

### GAUTENG

500 Limpopo, NWP, Mpumalanga, Gauteng (July 2020)

300 Limpopo, NWP, Mpumalanga, Free State (October 2020)

743 Gauteng and Mpumalanga (Packs received from sponsors)



# comfort packs

## 2021

### WESTERN CAPE

200 Northern Cape (September 2021)

200 Eastern Cape (October 2021)

160 Western Cape (July 2021)

110 Western Cape (During year 2021)

### GAUTENG

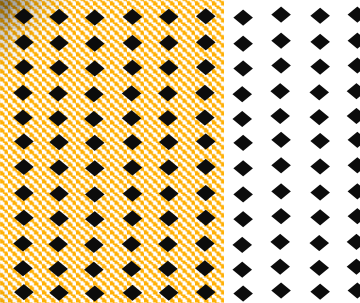
150 North West Province (March 2021)

500 Gauteng (May 2021)

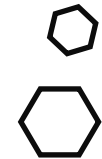
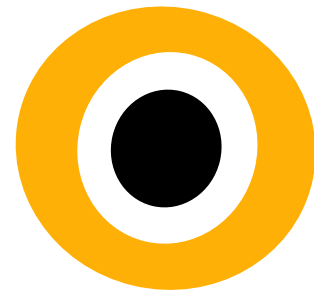
500 Mpumalanga, Free State, Limpopo (July 2021)

200 North West Province (December 2021)

428 to Gauteng and Mpumalanga FCS units (During 2021 donated packs)



**IMPACT**  
**1950**CHILDREN  
**2021**



# essential skills training

**1 MARCH 2020 - 28 FEBRUARY 2021**

During the last 22 years, Matla A Bana, has developed a training course specifically for officers of the law. The aim of this course is not only to equip these officers to serve their clients to the best of their ability but also to give them the capacity to deal with the trauma they are exposed to on a daily basis. The course is hosted in a two day, a three day and a two day session over a few months and focuses on essential skills needed to work with victims of trauma. Groups size are limited to 30 students per course. Most of these officers have between 20 and 40 cases at hand. Evaluation tools are included in the training to create awareness of areas of challenges and also to measure impact of the course. Funding for the various provinces were already secured in the previous financial year, but due to the Covid 19 lockdown we were unable to host any training until restrictions were lifted. During 2020/21 period we trained 130 officers of the law.

## **NEGATIVE RESILIENCE, TRAUMA AND STRESS MANAGEMENT COURSE (2 DAYS):**

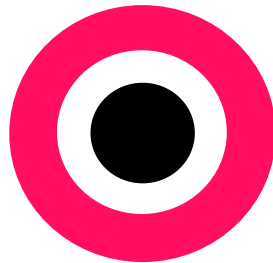
- Gauteng SAPS FCS detectives and forensic social workers Group 2 (October 2020)
- Mpumalanga SAPS FCS detectives and forensic social workers Group 1 (October 2020)
- North West SAPS FCS detectives and forensic social workers Group 2 (December 2020)

## **ESSENTIAL SKILLS COURSE (3 DAYS):**

- Mpumalanga SAPS FCS detectives and forensic social workers Group 1 (November 2020)

## **PERCEPTIONS, VICTIM EXPECTATION AND CLIENT SERVICE (2 DAYS):**

- WC Prosecutors Group 1 (December 2020)
- WC Prosecutors Group 2 (December 2020)



**INDIRECT IMPACT 4500 VICTIMS**

*“This course has changed my life”* SAPS FCS detective





# essential skills training

**1 MARCH 2021 - 28 FEBRUARY 2022**

Due to a strong focus on GBV and service delivery to victims, we were able to secure funding for training in rural regions where funding is normally not available. During this year we were able to complete the training for groups who started the course a few years ago but could not continue due to lack of funding. Matla a Bana has now trained groups in all the provinces in South Africa. All these students trained during this period were SAPS FCS detectives and forensic social workers based at the SAPS FCS units. More than R 1,2 million was invested in the training of officers by Matla A Bana during this period.

## **NEGATIVE RESILIENCE, TRAUMA AND STRESS MANAGEMENT COURSE (2 DAYS):**

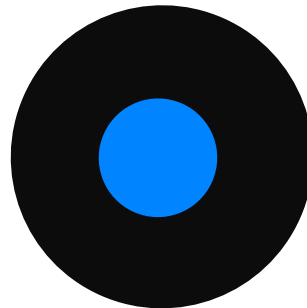
- Northern Cape SAPS FCS Group 2 (April 2021)

## **ESSENTIAL SKILLS COURSE (3 DAYS):**

- North West Province SAPS FCS Group 2 (March 2021)
- Gauteng SAPS FCS Group 1 (May 2021)

## **PERCEPTIONS, VICTIM EXPECTATION AND CLIENT SERVICE (2 DAYS):**

- Northern Cape SAPS FCS Group 1 (April 2021)
- North West Province SAPS FCS Group 1 (August 2021)
- Northern Cape SAPS FCS Group 2 (September 2021)
- Gauteng SAPS FCS Group 1 (September 2021)
- North West Province SAPS FCS Group 2 (September 2021)
- Limpopo SAPS FCS Group 1 (September 2021)
- Mpumalanga SAPS FCS Group 1 (September 2021)
- Western Cape SAPS FCS Group 1 (September 2021)
- Eastern Cape SAPS FCS Group 1 (October 2021)



**INDI-**

# FUNDRAISING



**Karen zoid Art Auction**

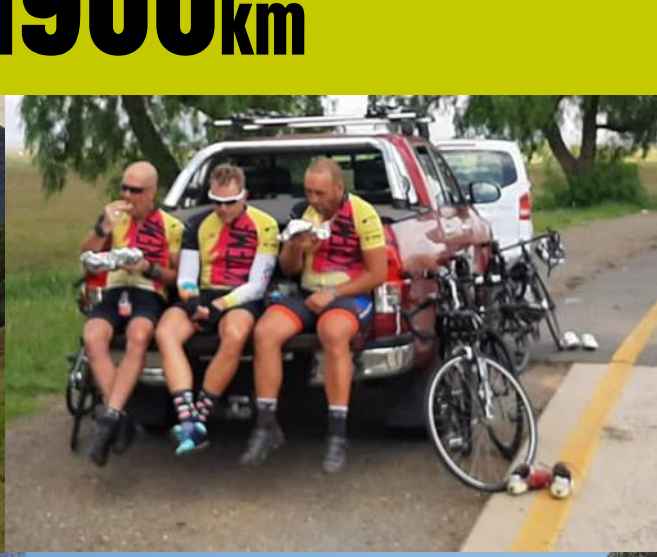
**Xtreme for Kids cycle Tour**



**MATLA A BANA**  
a voice against child abuse



# 12 days 1900km



# main partners



# THANK YOU 2020/2021

## CORPORATE SPONSORS:

Old Mutual Staff Volunteer Fund  
Hammond Pole  
Q Feldman Trust  
DRD Gold  
Shellard Media  
Praesignis  
Systems Advisers  
Engineering Advice and Services  
Kuvumela  
Wolf Security  
Moore Stellenbosch  
Winelands Radiology  
Clearwater Mall  
Rieks Towing  
Grain Care  
Hippo  
Gameplan Advertising  
Nedbank  
Ceres Tourism Office  
HPM  
Horizon Forensics  
Framework  
Spinas  
Romans Pizza

## DONATIONS:

Connect Network  
CMW Charitable Trust  
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D Davidson  
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D Jonker  
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R Maas  
M Keyter  
L Le Grange  
A De Beer  
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B Chamerlain  
G Briggs  
G Jonker  
A Van Rooyen  
M Henning  
I Du Plessis  
S Van Pletzen

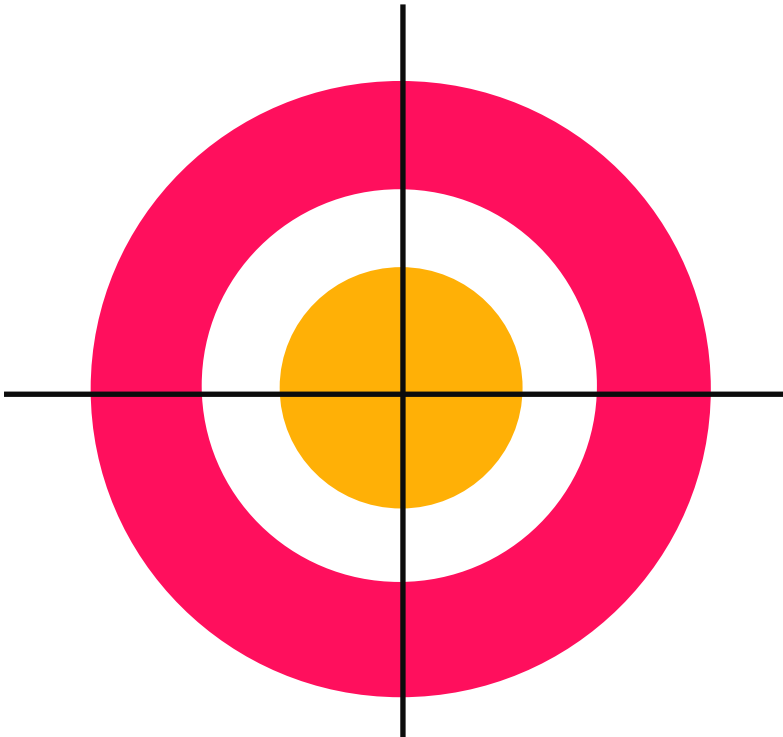
## TRAINERS:

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